

Family Medicine Residency Curriculum

A progressive three-year educational experience

The curriculum is organized to build a strong clinical foundation in Year 1, expand breadth and leadership in Year 2, and prepare residents for increasing independence and practice readiness in Year 3.

Three-Year Progression

YEAR 1	YEAR 2	YEAR 3
Foundation in inpatient and outpatient family medicine, maternity care, pediatrics, women's health, nutrition, continuity care, and community outreach.	Expanded experience in emergency care, specialty medicine, inpatient pediatrics, rural health, population health, leadership, and individualized electives.	Advanced preparation in practice management, community health, critical care, specialty medicine, rural health, and transition to independent practice.

Longitudinal Curriculum

These experiences continue across the three years and support progressive development in comprehensive, community-based family medicine.

Behavioral Health	PACE / Geriatrics	POCUS / Radiology	Continuity / PCMH
Women's Health Track	Community Health & Service Track	IMPACT Track	Pharmacology

Longitudinal Curriculum Descriptions

Curriculum	Description
Behavioral Health	Integrates assessment and management of common mental health conditions, substance use concerns, health behavior change, crisis recognition, and collaborative care within primary care practice.
PACE / Geriatrics	Develops age-friendly, team-based care skills through comprehensive assessment, medication review, functional and cognitive evaluation, goals-of-care discussions, caregiver support, and coordination across settings.
POCUS / Radiology	Builds progressive competence in selecting, acquiring, and interpreting point-of-care ultrasound images and commonly used diagnostic imaging while emphasizing appropriate utilization and clinical integration.
Continuity / PCMH	Advances longitudinal patient relationships, comprehensive care, panel management, access, care coordination, chronic disease management, prevention, and team-based practice within the patient-centered medical home.
Pharmacology	Strengthens safe, evidence-informed prescribing through medication selection, dosing, monitoring, reconciliation, interaction review, deprescribing, cost awareness, and collaboration with pharmacy professionals.
Women's Health Track	Provides progressive experience in preventive, reproductive, prenatal, postpartum, and gynecologic care, with counseling and procedures appropriate to comprehensive family medicine.
Community Health & Service Track	Connects residents with community partners to address social drivers of health through service, outreach, advocacy, population-focused initiatives, and community-responsive care.
IMPACT Track	Develops residents as physician leaders through improvement science, population health, advocacy, leadership, clinical quality, systems thinking, and effective team-based care.

YEAR 1

Building the clinical foundation

Year 1 establishes core skills across maternity care, newborn and pediatric care, women's health, inpatient family medicine, nutrition, continuity practice, electives, and community outreach.

Experiences

Orientation: Introduces residents to program expectations, clinical sites, workflows, documentation standards, and foundational skills for safe entry into training.
Labor and Delivery: Builds core skills in obstetric triage, intrapartum care, delivery support, postpartum care, and interprofessional communication.
Newborn Nursery: Develops competency in newborn assessment, feeding support, routine screening, discharge readiness, and early family-centered counseling.
Outpatient Pediatrics: Focuses on preventive care, acute pediatric visits, growth and development, immunizations, and family-centered anticipatory guidance.
Outpatient Women's Health: Provides experience in contraception, preventive screenings, prenatal and postpartum care, gynecologic concerns, and reproductive health counseling.
Inpatient Family Medicine – 3 blocks: Strengthens management of hospitalized adults, care transitions, team-based rounding, diagnostic reasoning, and continuity across care settings.
Patient-Centered Medical Home (PCMH): Emphasizes continuity care, panel management, team-based workflows, quality improvement, chronic disease management, and access-oriented primary care.
Nutrition: Builds practical counseling skills related to nutrition, chronic disease prevention, lifestyle change, food insecurity, and culturally responsive care.
Elective – 2 blocks: Allows early individualized exploration of clinical interests, career goals, community needs, or areas requiring additional skill development.

YEAR 2

Expanding breadth, leadership, and systems-based care

Year 2 broadens acute, inpatient, specialty, rural, and population health experience while adding formal leadership development and additional elective time.

Experiences

Emergency Medicine: Develops rapid assessment, stabilization, diagnostic prioritization, procedural exposure, and disposition planning for acute presentations.
Labor and Delivery: Expands obstetric management, delivery participation, postpartum care, fetal monitoring interpretation, and collaborative maternity care skills.
Addiction Medicine: Focuses on evidence-based treatment of substance use disorders, motivational interviewing, harm reduction, medication management, and stigma-informed care.
Cardiology: Reinforces evaluation and management of common cardiovascular conditions, risk reduction, diagnostic testing, and coordination with specialty care.
Inpatient Pediatrics: Builds experience with hospitalized children, acute pediatric illness, family communication, care coordination, and safe discharge planning.
Elective – 3 blocks: Provides expanded individualized learning aligned with resident career goals, program priorities, community needs, or focused competency development.
Leadership: Introduces leadership principles, team communication, systems thinking, professional identity formation, and preparation for increasing responsibility.
Inpatient Medicine: Strengthens care of complex hospitalized adults, clinical prioritization, interdisciplinary collaboration, consultation, and transition planning.
Sports Medicine / Orthopedics / Physical Therapy / Occupational Therapy: Provides exposure to musculoskeletal assessment, injury management, rehabilitation planning, functional recovery, and collaborative care with therapy teams.
Inpatient Rural Health: Highlights broad-scope inpatient care, resource stewardship, transfer decisions, rural team dynamics, and community-responsive practice.
Population Health: Develops skills in panel management, prevention, community-level outcomes, quality metrics, health equity, and data-informed care improvement.

YEAR 3

Advancing independence and practice readiness

Year 3 emphasizes practice readiness through management, critical care, community health, specialty medicine, rural health, and advanced clinical experiences, with continued opportunity for individualization.

Experiences

Practice Management: Prepares residents for operational, financial, quality, and leadership responsibilities required for effective outpatient practice.
Outpatient Pediatrics: Advances pediatric continuity care, preventive counseling, acute care, family engagement, and management of common childhood conditions.
Dermatology: Builds recognition and management of common skin conditions, procedures, triage decisions, and appropriate dermatology referral practices.
Community Health and Service: Connects clinical care with community needs through service, outreach, advocacy, social drivers of health, and partnership-based care.
Pediatric Emergency Medicine: Focuses on urgent pediatric assessment, stabilization, common emergencies, family communication, and safe disposition planning.
HIV / Infectious Disease: Strengthens prevention, diagnosis, chronic disease management, antimicrobial stewardship, HIV care principles, and team-based specialty collaboration.
Addiction Medicine: Deepens treatment planning for substance use disorders, medication-assisted treatment, relapse prevention, harm reduction, and integrated behavioral health.
Intensive Care Unit (ICU): Provides exposure to critical illness, ventilator and hemodynamic concepts, escalation of care, interdisciplinary rounds, and goals-of-care communication.
Inpatient Rural Health: Reinforces independent decision-making, broad-scope inpatient care, transfer coordination, rural resource awareness, and continuity with community practice.
Lifestyle Medicine: Emphasizes evidence-informed counseling around nutrition, movement, sleep, stress, substance avoidance, social connection, and chronic disease prevention.
Elective: Supports final-year individualization, focused skill refinement, career preparation, fellowship exploration, or community-responsive training priorities.
Pulmonology: Develops evaluation and management of respiratory conditions, diagnostic testing, chronic disease care, and coordination with pulmonary specialists.
Surgical Podiatry: Provides exposure to foot and ankle conditions, wound care, diabetic foot management, procedural decision-making, and surgical referral considerations.