



COVID-19 Testing Follow-up Instructions

About the Test

- Today you were tested for the COVID-19 virus
- Your test results should be available in the next 4 days
- If it has been more than 5 days and you have not received a call about your results, please call **816-599-5418** to get your results.

Recommendations

- **Stay at home** until you have received your test results. You will get more information when you are called with your test results.
- **Stay away from others:**
 - **If possible, stay in a separate room from the rest of your family. If not possible, stay 6 feet away from others.**
 - **Wear a mask if you must be around other people.**
- **Drink plenty of fluid:** Make sure you are drinking at least 8-10 glasses of water daily
- **Symptom management:** If okay with your healthcare provider provider, you may take Tylenol and/or ibuprofen as directed on bottle for fevers and body aches
- **Seek medical attention, but call first:** Seek medical care right away if your illness is worsening (for example, if you have difficulty breathing, worsening cough, or have high fevers > 101.4).



If you develop **emergency warning signs** for COVID-19 get **medical attention immediately**.
Emergency warning signs include:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Call 911 if you have a medical emergency: If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

Call your doctor before going in: If you think you need to be seen at Swope, please call before first @ **816-923-5800** and tell us about your symptoms. We will tell you what to do.